



Organizational announcement

Open Silesian Cup 2026

Senior / Junior / Junior Female

Younger Junior / Younger Junior Female

Youth Boys / Youth Girls

Children U13

Organizers:

Silesian Judo Association

PTS Janosik Bielsko-Biała

Date and venue - 21.06.2026:

GOSiR Sports Hall, 43-230, Goczałkowice-Zdrój, st. Szymborskiej 1a

Participation rules:

The competition is open to athletes representing sports clubs from Poland and abroad.

Each competitor must have personal accident insurance.

The club registering the athlete is responsible for providing the insurance coverage. Athletes participating in the competition must hold a valid medical examination certificate in accordance with the regulations of the Polish Judo Association Sports Rules.



Age / Weight categories (kg):

Weight categories	Woman	Man
Senior / Junior	44, 48, 52, 57, 63, 70, 78, +78 kg	55, 60, 66, 73, 81, 90, 100, +100 kg
Younger Junior U18	40, 44, 48, 52, 57, 63, 70, +70 kg	46, 50, 55, 60, 66, 73, 81, 90, +90 kg
Youth U15	36, 40, 44, 48, 52, 57, 63, 70, +73 kg	38, 42, 46, 50, 55, 60, 66, 73, 81, 90, +90 kg
Children U13	27, 30, 33, 36, 40, 44, 48, 52, 57, 63, +63 kg	29, 32, 35, 38, 42, 46, 50, 55, 60, 66, 73, +73 kg

In the U13 children's age group, IJF / Polish Judo Association (PZ Judo) competition rules apply with the following exceptions:

- Joint locks and chokeholds are prohibited. At the first attempt, the referee will stop the action. Any further attempts will result in a shido penalty.
- If the referee determines that a joint lock or chokehold was applied intentionally, they may, after consultation with the Head Referee, award hansoku-make (disqualification from the match only).
- Techniques such as sankaku-gatame, kata-gatame, and kata-sankaku-gatame (guillotine) are permitted provided they are not used as choking techniques.
- The referee has the right to stop the action if there is any doubt as to whether the technique complies with the rules.

Competition schedule:

For the U15 Cadet / U18 Younger Junior categories:

- 8:30 - 9:30 official weigh-in;
- 9:30 - 10:00 verification and draw;
- 10:15 - start of matches for U15 Cadet / U18 Younger Junior categories.

For the Junior / Senior / U13 Children categories:

- 12:00 - 13:00 official weigh-in;
- 13:00 - 13:30 verification and draw;
- 13:30 - start of matches for Junior / Senior / U13 Children categories.

Athlete award ceremonies will take place progressively after the completion of matches in each weight category.



Entry Fee and Registration:

- The entry fee is 100 PLN, payable by bank transfer by 19.06.2026:

PTS JANOSIK, 43-300, BIELSKO-BIAŁA, ST. MICHAŁA GRAZYŃSKIEGO 40 C

KARPATIA BANK SPÓŁDZIELCZY: 83 8791 0009 0000 0314 5932 0008

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BIC / SWIFT: POLUPLPR

PLEASE INCLUDE THE FOLLOWING IN THE TRANSFER TITLE, IN THIS ORDER:

CLUB NAME, NUMBER OF COMPETITORS

- Entry fee paid in cash on the day of the competition: **120 PLN**
- Registrations must be submitted by 19.06.2026, 23:00, exclusively by sports clubs via <http://admin.judomanager.com/>

We wish you a pleasant stay in Goczałkowice-Zdrój

President of the ŚZJ
Robert Taraszkiewicz

President of the PTS Janosik
Tomasz Chmielniak